

trig substitution guide

Signs that a trigonometric substitution may be useful - we're looking for patterns $\# - \text{var}^2$, $\text{var}^2 - \#$, or $\text{var}^2 + \#$, usually (but not always) under a radical.

The idea is to replace the pattern with a perfect square, allowing us to process the square root exactly and proceed with the integral. We can use the Pythagorean trigonometric identities to accomplish this.

Pattern		Match
$\# - \text{var}^2$	$= \frac{1 - \sin^2 \theta}{\# - \# \sin^2 \theta}$	$= \frac{\cos^2 \theta}{\# \cos^2 \theta}$
$\text{var}^2 - \#$	$= \frac{\sec^2 \theta - 1}{\# \sec^2 \theta - \#}$	$= \frac{\tan^2 \theta}{\# \tan^2 \theta}$
$\text{var}^2 + \#$	$= \frac{\tan^2 \theta + 1}{\# \tan^2 \theta + \#}$	$= \frac{\sec^2 \theta}{\# \sec^2 \theta}$

Example:

$$\int \frac{\sqrt{9 - 4x^2}}{x^2} dx$$

The pattern is $\# - \text{var}^2$, and we want to match the 9, not the 4. (Variables are flexible and can "absorb" coefficients, but constants are not flexible.)

$$\begin{aligned} 1 - \sin^2 \theta &= \cos^2 \theta \\ 9 - 4x^2 &= 9 - 9 \sin^2 \theta = 9 \cos^2 \theta \end{aligned}$$

Note that the first and third parts of the equation above give us a direct substitution for $9 - 4x^2$. We can replace it with $9 \cos^2 \theta$.

“Analyze” the first and second parts of this equality:

$$9 - 4x^2 = 9 - 9 \sin^2 \theta \implies 9 \sin^2 \theta = 4x^2 \implies 2x = 3 \sin \theta$$

Solve for x and differentiate to get the substitution and the “exchange rate” for dx :

$$x = \frac{3}{2} \sin \theta \implies dx = \frac{3}{2} \cos \theta d\theta$$

Isolate the trig term to get to the triangle in terms of θ :

$$\frac{2x}{3} = \sin \theta \rightarrow \text{hyp} = 3, \text{ opp} = 2x \rightarrow \text{adj} = \sqrt{9 - 4x^2}$$

Back to the integral:

$$\begin{aligned} \int \frac{\sqrt{9 - 4x^2}}{x^2} dx &= \int \frac{\sqrt{9 \cos^2 \theta}}{\left(\frac{3}{2} \sin \theta\right)^2} \cdot \left(\frac{3}{2} \cos \theta\right) d\theta \\ &= \int \frac{2 \cos^2 \theta}{\sin^2 \theta} d\theta = \int 2 \cot^2 \theta d\theta = \int 2(\csc^2 \theta - 1) d\theta \\ &= -2 \cot \theta - 2\theta + C \end{aligned}$$

Based on the triangle we got above, $\cot \theta = \frac{\sqrt{9 - 4x^2}}{2x}$.

Also from above, $\frac{2x}{3} = \sin \theta \rightarrow \theta = \sin^{-1} \left(\frac{2x}{3}\right)$.

$$\begin{aligned} \int \frac{\sqrt{9 - 4x^2}}{x^2} dx &= -2 \left(\frac{\sqrt{9 - 4x^2}}{2x}\right) - 2 \sin^{-1} \left(\frac{2x}{3}\right) + C \\ &= -\frac{\sqrt{9 - 4x^2}}{x} - 2 \sin^{-1} \left(\frac{2x}{3}\right) + C \end{aligned}$$

Check:

$$\begin{aligned} &\frac{d}{dx} \left[-\frac{\sqrt{9 - 4x^2}}{x} - 2 \sin^{-1} \left(\frac{2x}{3}\right) \right] \\ &= \frac{d}{dx} [-(9 - 4x^2)^{1/2} x^{-1}] - 2 \left(\frac{1}{\sqrt{1 - \left(\frac{2x}{3}\right)^2}} \right) \cdot \frac{d}{dx} \left(\frac{2x}{3}\right) \\ &= -\frac{1}{2} (9 - 4x^2)^{-1/2} (-8x) x^{-1} + (9 - 4x^2)^{1/2} x^{-2} - \frac{4}{3 \sqrt{1 - \frac{4x^2}{9}}} \\ &= \frac{4}{\sqrt{9 - 4x^2}} + \frac{\sqrt{9 - 4x^2}}{x^2} - \frac{4}{\sqrt{9 - 4x^2}} = \frac{\sqrt{9 - 4x^2}}{x^2} \end{aligned}$$